



School camp planning - a guide for school staff

Camp is an exciting time for students and is an important part of the school curriculum.

Students with type 1 diabetes can fully participate in the experience with extra planning and support. Camp duration, location and activities vary over a student's school life. The age and the level of independence a student has in caring for their diabetes will also change over time but the basic requirements for supervision, support and care to maintain a school's duty of care during camp remain constant. Schools and staff have specific additional responsibilities at camp when a student has type 1 diabetes. This checklist can help with the planning for a safe, supportive and inclusive camp for students with type 1 diabetes and supports the Diabetes in Schools "Type 1 diabetes and school camp" skills training module.

Step 1: Meet with the family to discuss the planned camp. This may include the student and/or the students' clinical treating team.

- Camp location
- Menu
- Activities
- Travel (to/from and during camp)
- School Expectations
- Parents/carers expectations
- Phone network availability
- Emergency planning
- School policy

Step 2: Meet with the family to discuss the camp diabetes management plan. this may include the student and/or the students clinical treating team. Additional meetings may be required. Discussion could include:

- Implementation of the camp diabetes management plan
- Roles, responsibilities and expectations of the staff at camp
- Role, responsibility and expectations of the student at camp
- Additional staff training for camp e.g. glucagon administration
- Back up plans in case of equipment failure
- Managing supplies and equipment at camp
- Access to supplies e.g. hypo kits, glucose monitors, insulin
- Communication during camp
- Managing emergencies at camp

Step 3: Meetings with the school camp team. The principal and/or camp co-ordinators will need to consider and plan for:

- School policy, procedure and risk assessment
- Additional staffing requirements - staff will generally be required to assist students with checks overnight and with additional diabetes care
- Additional staff training requirements including extra staff and for specific new skills (e.g. glucagon administration)
- Access and storage of diabetes related supplies to, from and during camp
- Emergency planning
- Communication during camp between all camp staff/camp providers

