



# Reasonable adjustments

**Schools have a responsibility to provide a supportive environment for students with type 1 diabetes. This may include supporting a student to meet their daily health care needs, including monitoring blood glucose levels and administering insulin.**

Schools are required to make "reasonable adjustments" to support a student's diabetes management so they may participate fully in school life and reach their learning potential.

Students will have different needs to manage their type 1 diabetes at school. It is important that schools, parents or carers and students discuss and agree on proposed reasonable adjustments.

A student's diabetes management plan prepared by the diabetes treating team and the family should be

used by schools to determine the types of supports the school may put in place.

Reasonable adjustments are agreed upon through discussions between the student, parent/carer and principal. Adjustments intend to reduce the impact of a student's type 1 diabetes and improve support and participation in school, whether it be in the classroom, in the playground, at an excursion or on a camp.





## Reasonable Adjustments

### Examples of reasonable adjustments may include:

- ✓ Additional communication between school staff and the student's parents or carers.
- ✓ Supporting the use of continuous glucose monitors in the school setting, including allowing students to use mobile devices to sync with their continuous glucose monitors.
- ✓ Supporting the use of insulin pump therapy for the administration of insulin.
- ✓ Supervising or administering insulin by way of injection or via pump.
- ✓ Allowing students to access food during class or during other activities.
- ✓ Allowing students to access their medical equipment during class time.
- ✓ Providing additional breaks to allow students to check their blood glucose levels and for the administration of insulin.
- ✓ Allowing the student to have extra toilet breaks.
- ✓ Providing an appropriate area that the student can use to check their blood glucose levels and/or administer their insulin (if they wish to use it).
- ✓ Giving extra time or special consideration on exams and assignments.

